

Bone Density History Questionnaire

Name: _____ Today's Date: _____

Patient ID: _____ Sex: Male Female

Height: (in) _____ Date of Birth: _____

Weight: (lb) _____ Referring Physician: _____

Menopause Age: _____ Ethnicity: White Black Asian Hispanic

Please inform us if it is your preference to have a chaperone in the room during your exam. I acknowledge

- 1) Have you had a previous hip or vertebral fracture? Yes No
- 2) Have you had any fractures during your adult life which did not result from significant trauma? (e.g.; auto accident?) Yes No
- 3) Did either of your parents ever fracture a hip? Yes No
- 4) Do you smoke? Yes No
- 5) Have you ever taken glucocorticoids? Yes No
- 6) Do you have rheumatoid arthritis? Yes No
- 7) Do you have secondary osteoporosis? Yes No
- 8) Do you drink 3 or more alcoholic drinks per day? Yes No
- 9) Are you being treated for osteoporosis? Yes No

- | | |
|--|-------------------------------------|
| <input type="checkbox"/> Actonel (i.e. risedronate) | Boniva (i.e. ibandronate) |
| <input type="checkbox"/> Evista (i.e. raloxifene) | Forteo (i.e. parathyroid hormone) |
| <input type="checkbox"/> Fosamax (i.e. alendronate) | HRT (i.e. estrogen/hormone therapy) |
| <input type="checkbox"/> Miacalcin (i.e. calcitonin) | Protelos (i.e. strontium ranelate) |
| <input type="checkbox"/> Reclast (i.e. zoledronate) | Prolia (i.e. denosumab) |
| <input type="checkbox"/> Vitamin D | Calcium |
| <input type="checkbox"/> Other – Please specify: _____ | |

- 11) Do you have any of the following medical conditions:
- | | |
|--|--|
| <input type="checkbox"/> Anorexia or Bulimia | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Asthma or Emphysema | <input type="checkbox"/> Celiac |
| <input type="checkbox"/> End stage renal disease | <input type="checkbox"/> Inflammatory bowel diseases |
| <input type="checkbox"/> Hyperparathyroidism | <input type="checkbox"/> Hysterectomy |
| <input type="checkbox"/> Any seizure disorders | <input type="checkbox"/> Other – Please specify: _____ |

- 12) What was your maximum height in inches? _____
- 13) Do you perform weight bearing exercises regularly? Yes No
- 14) Do you regularly consume dairy products? Yes No
- 15) Do you drink caffeinated beverages? Yes No

If Female:

- 16) Are you or could you be pregnant? Yes No
- 17) At what age did your period start? _____
- 18) Are you premenopausal? Yes No
- 19) How many full-term pregnancies have you had? _____
- 20) Have you ever missed your period for more than 6 months in a row? (not including pregnancy or menopause) Yes No

Patient Signature: _____

Date: _____