

How to Share Your Apple Health ECG Results with Your Physician via *Columbia Connect*



1 Download the [Columbia Connect app](#) and take an ECG with the ECG app on Apple Watch: [Visit Apple Support](#)

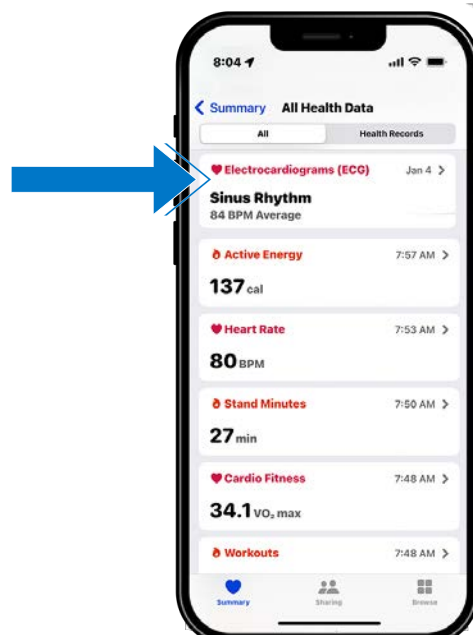
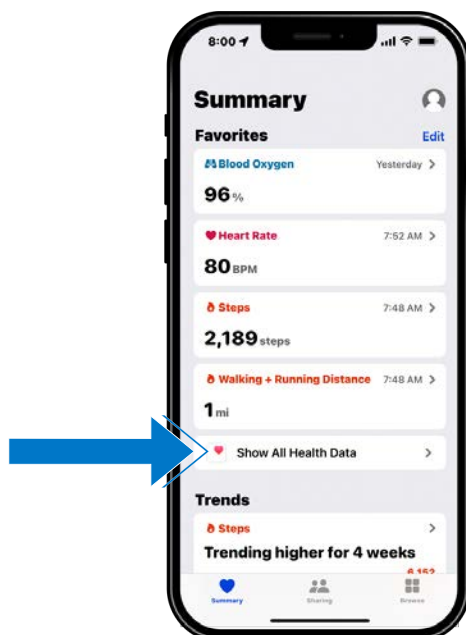
2 Open the Health App.



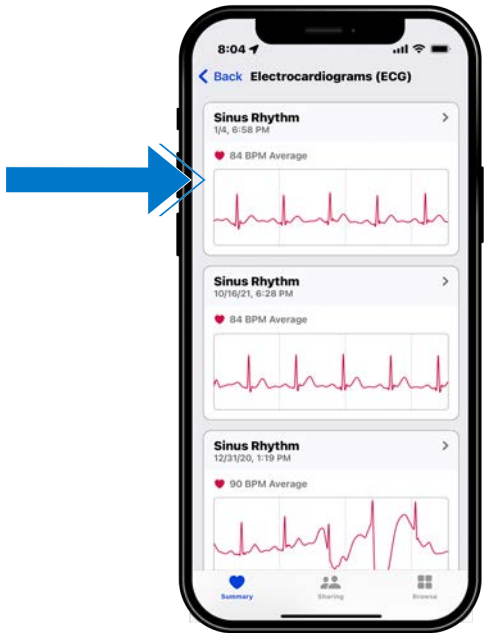
Select Your Health Data

3 Tap “Show All Health Data”...

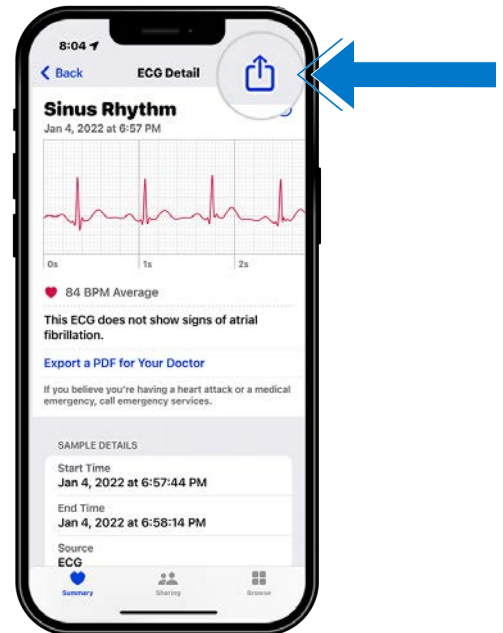
4 ...then, tap > “Electrocardiograms (ECG)”.



5 Tap your ECG Result.

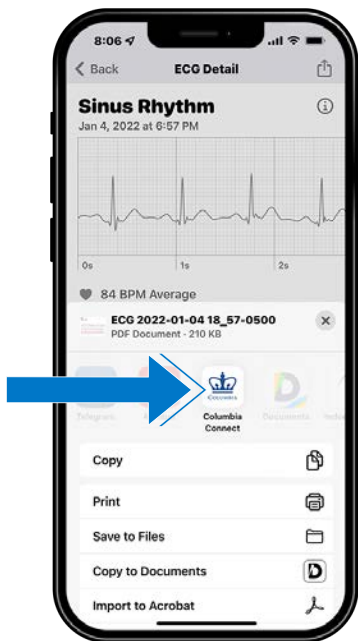


6 Tap the "Share" button...

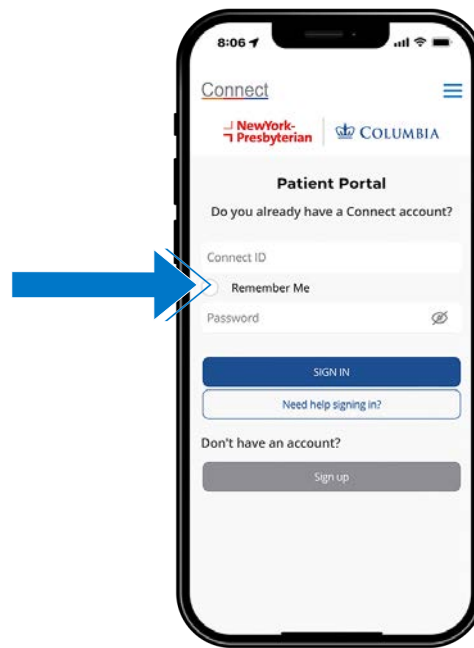


Share Your Health Data

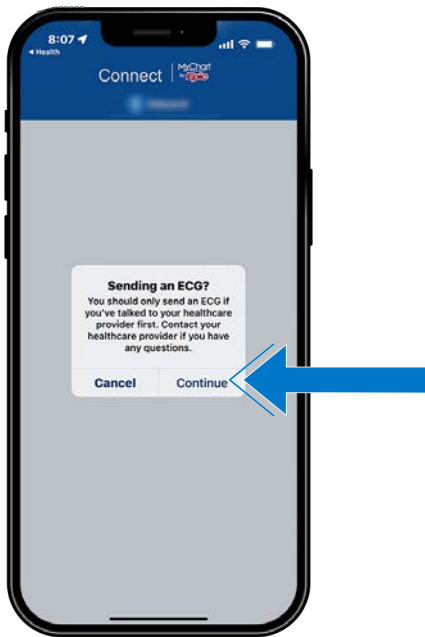
7 ...and select *Columbia Connect*.



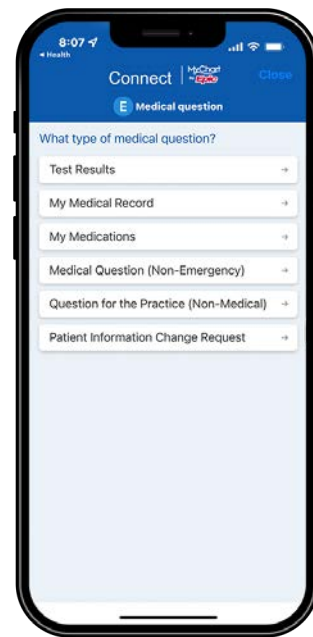
8 Log into your Patient Portal account.



9 Click "Continue".

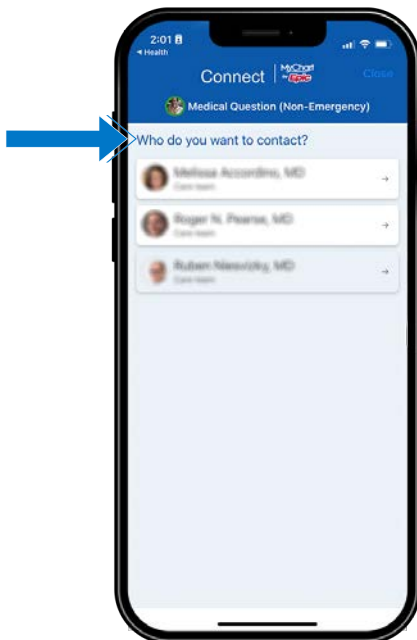


10 Select message type.



Send Your Data to Your Healthcare Provider

11 Choose provider.



12 Tap "Send"...



13 Message confirmation.

